# THE

# FOURTEENTH ANNUAL REPORT

OF THE STATE OF THE

# LUNATIC ASYLUM,

FOR THE

# COUNTY OF NOTTINGHAM,

AND THE

SEVENTY-EIGHTH OF THE ORIGINAL INSTITUTION,

FORMERLY

# THE GENERAL LUNATIC ASYLUM,

1888.

SOUTHWELL:

JOHN WHITTINGHAM, PRINTER, QUEEN STREET.

1889.

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# COMMITTEE OF VISITORS

For the Year 1889,

APPOINTED BY THE JUSTICES OF THE COUNTY OF NOTTINGHAM.

## ALBERT HEYMANN, ESQ., CHAIRMAN.

THE RIGHT HON. EARL MANVERS.

THE RIGHT HON. VISCOUNT NEWARK, M.P.

J. T. EDGE, ESQ.

J. L. FRANCKLIN, ESQ.

H. V. STORY, ESQ.

G. C. ROBERTSON, ESQ.

L. MILWARD, ESQ.

G. H. FILLINGHAM, ESQ.

GENERAL WARRAND.

H. F. SMITH, ESQ.

# OFFICERS:

TREASURER:

HENRY ABEL SMITH, ESQ.

RESIDENT PHYSICIAN AND SUPERINTENDENT:

ALFRED APLIN, M.D., L.R.C.P., M.R.C.S.

CHAPLAIN:

REV. A. P. WOODHOUSE.

ASSISTANT MEDICAL OFFICER:

MR. ARTHUR LOFTHOUSE, M.R.C.S., Eng., L.S.A., Lond.

CLERK:

MR. SAMUEL BUNTING.

STOREKEEPER:

MR. WILLIAM HUSBANDS.

HOUSEKEEPER:

MISS BUTTERWORTH.

# 1888.

# REPORT

OF THE

# COMMITTEE OF VISITORS

OF THE

# LUNATIC ASYLUM AT SNENTON, NOTTINGHAM.

To the Court of Quarter Sessions for the County of Nottingham.

Your Committee in making their report for the year 1888 are able to speak very favourably of the general condition of the Asylum and the welfare of the patients.

The number of patients resident during the year has averaged 317 daily, but owing to the removal of 20 patients to the new Borough of Derby Asylum at Rowditch, on the 17th of December, those remaining in the Snenton Asylum on the 31st of December are four less than at the end of 1887. They are chargeable as follows:—

	M.	<b>F.</b>	T.
To Unions in the County of Nottingham , County of Nottingham	136 1 0 5 3 3 3	134 0 17 5 4 0	270 1 17 10 7 3

The weekly charge for the County patients has continued at 8s. 6d. for the year, and as this sum is less than the actual cost of their maintenance, the reduction of the accumulated balance also continues, and the contributory Unions continue to reap the advantage.

The profit arising from non-contributing patients amounts to £377 18s. 1d., which amount has been paid to the County Treasurer and goes towards the payment of Fabric expenses.

During the year much has been done in renovating and improving steam, gas, water, cooking, and sanitary appliances and supply.

A new fitters' shop and improved boiler have been fixed in the engine house.

On the 18th October, at a meeting of the Visitors, Mr. Albert Heymann was appointed a Trustee to the Middleton Fund in the place of Mr. J. L. Thackeray, deceased. The Trustees now are Messrs. J. T. Edge, F. C. Smith, and Albert Heymann.

Subsequently it was ordered that the legacies of the late T. D. Hall, Esq. (£50), and Mrs. Wildman (£100), which had been deposited on loan to the Corporation of Nottingham, and repaid by them this year, be paid to the credit of the Middleton Fund. On the 6th December it was reported

that in accordance with instructions £154 3s. 4d.  $2\frac{3}{4}$  consols had been purchased at a cost of £149 7s. 0d. sterling for that charity. The capital of the Middleton Fund now amounts to £738 15s. 8d. reduced consols.

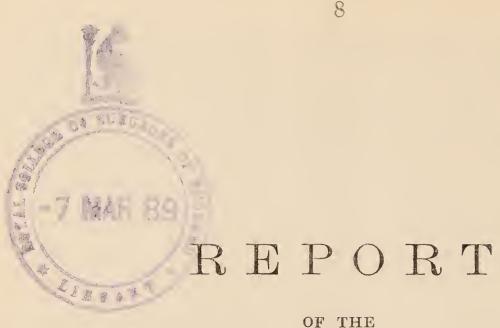
No change of note has occurred during the year in the staff of the Asylum, except that the vacancy created by the retirement of the Housekeeper has been filled up by the election of Miss Butterworth.

Your Committee, in concluding their report, desire to express their satisfaction with the way in which the welfare of the patients and the interests of the Institution have been attended to by Dr. Aplin and the whole of his staff.

A. Heymann,

CHAIRMAN.

JANUARY 17th, 1889.



# MEDICAL SUPERINTENDENT.

Mr. Chairman, My Lords, and Gentlemen,

I have pleasure in submitting to you the report of the Medical Superintendent for the year 1888, to which will be found appended the customary statistical tables.

On the first day of the year there were 312 patients in the house, and on the last day 308. The admissions during the year numbered 87—viz., 41 males and 46 females. patients discharged were 60—viz, 27 males and 33 females. Those who died were 31—viz., 18 males and 13 females.

The average number daily resident was 317—viz., 156 males and 161 females; and the total number under medical care and treatment in the Asylum during 1888 was 399 viz., 193 males and 206 females. The weekly cost of maintenance of these patients was 9s. 33d, each.

Of the admissions (41 - |-46 = 87|) during the year nothing unusual calls for comment. The bodily health, as well as the mental, in many instances, was hopelessly bad: but the proportion of bad cases distinctly less than in some years I can remember. Thirty-five were said to be suicidally disposed on admission; twelve were general paralytics, and nine epileptics. Eight were received transferred from other Asylums. There has been no birth in the Asylum during the year.

Of the discharges (27 -|- 33 = 60) twenty were sent to the new Borough Asylum for Derby, at Rowditch, in December. Those discharged recovered were (14 -|- 22 = 36) thirty-six, and the recovery rate (as usually computed, i.e. exclusive of transfers) is extremely good—viz., 45.56 per cent. of the admissions. The percentage for males was 35.0, females 56.41; both sexes 45.56.

The deaths (18 -|-13 = 31) are fewer in proportion to the number of patients than they have been since 1881. Their proportion to the total number under treatment has been 7.76, and to the average number daily 9.77.

The causes of death are of a kind usually found in Asylums. Very few of those who died from diseases of the lungs, heart, and principal viscera would have done so had their brain and nervous system been healthy. Nearly all the deaths were primarily and mainly due to diseased condition of the brain and nervous system. No death has resulted from suicide, accident, or injury; and no inquest has been necessary.

No outbreak of epidemic disease has occurred, nor has any patient suffered from illness due to defective sanitation. The cause of death is verified, or ascertained, by post-mortem examination in all cases where the sanction of the near relatives can be obtained, or where it is not objected to by the friends who have received notice of the death and intended examination.

Early in the year the jacketed pans used for boiling water and food-stuffs in the kitchen were found to be worn out and beyond repairing; new ones were placed in their stead, and some improvements in the supply pipes were effected. The old pans are now used in the piggeries. In March the Steam Boiler Inspection Company reported the "old" steam boiler in the engine-house as worn out. Another boiler was purchased, and whilst being fixed considerable alterations were made in the arrangements of the pipes in the engine-house; steam pipes and boiler were covered with peritherma, and a fitters' shop was added to the engineer's premises, which has been found a very useful addition. The old boiler has now been converted into a reservoir for hot water for supply of baths and sculleries.

Some improvements of considerable value, though not great expense, were in the summer effected in the trapping and ventilation of pipes and w.c.'s, and the main sewer from the Asylum into the street has been disconnected and ventilated near the Lodge.

The fire drills continue to be held, and prove very useful. In the summer Superintendent Knight called here with some of his police fire brigade, and a kind of competition drill was undergone by both his team and ours. Mr. Knight expressed himself as very pleased with the celerity and aptitude of the Asylum brigade, and warmly commended their not unsuccessful efforts when competing with his trained men.

On the 17th February, Joseph Hayes died, who had been in receipt of a superannuation allowance since 4th June, 1885. He had been for 37 years previously engineer to this Asylum. His loss is regretted by all who knew him.

The customary endeavours have been continued during the past year to render the lives of the patients here as cheerful as possible. Employment in useful work, cheerful and healthy recreation, healthy literature, and sufficiency of good wholesome food and rest are all aimed at, and I believe attained to, very largely in the treatment of the patients. This year an additional "Laundry Party" was given, when those women who usually worked in the laundry were driven in breaks into the country and enjoyed a pleasant pic-nic holiday.

Thanks to my very willing and helpful colleague, Mr. Lofthouse, and to cordial and efficient work done by the staff, and the general industry, good conduct, and attentiveness of the attendants and servants, I am able to look back upon a year of good work done efficiently, with due economy and good results.

My sincere thanks are also due to you for your very great kindness, hearty assistance, and support accorded me in the performance of my duties.

I am,

Mr. Chairman, my Lords, and Gentlemen,

Your faithful Servant,

Alfred Aplin.

17th January, 1889.

# REPORT

OF THE

# COMMISSIONERS IN LUNACY.

NOTTINGHAM COUNTY LUNATIC ASYLUM,
NOVEMBER 23RD, 1888.

The inspection of this Asylum occupied us to-day. Since our colleagues' visit in 1887, the number of patients has risen from 315 to 335, but 20 Derby patients will next week leave. There are 7 private cases now upon the books, and 3 male patients of the criminal class. The paupers are chargeable as follows: -277 to the County of Nottingham and its Unions, 18 to the Borough of Nottingham, 10 to Newark, and the rest to Derby. Two male patients are absent on trial. Statutory allowances are here made, when it seems advisable, and there is also a charitable fund for the assistance of those who require it on recovery and discharge. The weekly maintenance charge for the County paupers is now 8s.6d. The admissions since the Commissioners' last visit have been 131, of which 18 were upon recurrence of insanity in patients previously here. The discharges have been 52, of these 46 were upon recovery, and 2 were for transfer to other Asylums. The deaths have been 60. The mortality here

has for several years been considerably above the average in County Asylums. For 1887 it was as high as 15 per cent. for both sexes, calculated on the daily numbers resident. the period since the Commissioners' last visit it has been at the rate of about 12 per cent. No death was due to other than natural and ordinary causes. General Paralysis, Epilepsy, and other forms of brain disease account for 26 of the 60 deaths, and diseases of the lungs and heart for an equal number. Post-mortem examinations were made in only 33 of the deaths. No Coroner's Inquest has been held. No infectious or contagious disorder has appeared in the establishment, though we learn that small-pox and scarlet fever have been prevalent in the neighbourhood. Having regard to the usual proportion in Asylums of aged and feeble cases, the general health is at present fairly good, and only 2 men and 1 woman were in bed when we visited the wards. There are 47 epileptics of both sexes, all but 5 of whom are under continuous supervision at night. The actively suicidal, who are at present constantly watched night and day, are 11 persons. For the information of the attendants in direct charge of persons prone to suicide, written instructions are now given as suggested by our colleagues, but we have recommended to the Assistant Medical Officer (who accompanied us in the temporary absence of Dr. Aplin) that to carry out those suggestions fully, an injunction never to lose sight of the patient should be clearly introduced. patients registered as being under medical treatment last week were 25 men and 27 women. Mechanical restraint has been resorted to only with 2 women; they wore the longsleeved jacket, one for 2 weeks and 3 days, to prevent selfmutilation; the other for an hour, once, on account of her excessive violence. Seclusion is recorded of 4 men on 12 occasions for an aggregate of 119 hours, and of 6 women on 8 occasions for 26½ hours. No one was aggressive during our stay in the wards, and but one, a man, abusive. No complaint was made by any man or woman against the attendants. The patients' clothing and general tidiness deserves favourable mention, and their freedom from injury is creditable to those in charge of them. The only casualties appear to have been the fracture of a finger by an epileptic in a fall, and a slight scald of a patient working in the kitchen. day attendants, not including the chief attendant of each sex, are in the proportion of 1 to 13 patients in both divisions. This is not a very strong staff. For night duty there are 2 attendants for each division, one man and one woman being stationary for continuous supervision of the epileptic and suicidal. We still think that the recording stations of the tell-tale clocks are not sufficiently numerous. The duration of service is good; only 4 of both sexes have been less than a year in residence. The returns of employment show that 89 men and 90 women do some kind of work, 40 of the former, however, but only 25 of the latter being entered as ward cleaners. Including those thus engaged in domestic service the proportion of employed to the total number of patients is 60 per cent. for men and 53 per cent. for women. We hope that efforts will be made to increase this proportion. The area of land here is small, and the workshops are upon a limited scale. The former cannot be extended, but addition to the shops might afford means for more employment. The site of the present only 8 men work in the shops. Asylum prevents that extended out-door exercise which is usual in the treatment of the insane inmates of other Asylums, and most beneficial to them; but as far as the narrow limits of the land here permit, it appears to be used for that purpose and for cultivation. Sunday Services are given only once on Sundays in the Chapel, and the attendance thereat of 188 patients is satisfactory. There are also daily prayers, but the Chapel is such in its construction that at least half of the

female congregation (who sit in a gallery) cannot see the clergyman. For many years the Commissioners have hoped that a site in the country for a new Asylum in the place of this building might have been obtained; but as it now seems that such a proceeding is indefinitely deferred, we must press upon the Committee such structural improvements and additions as are possible here. We notice some sanitary and other improvements effected since our colleagues were here, but much requires to be taken in hand to bring this Asylum up to modern requirements for the proper care and treatment of the insane. The most important of the recent improvements is a better disconnection of the Asylum drains from the town sewer, to obviate the inlet into the building of sewer gases. Among other grave defects in this Asylum we would refer to the fact that it has no provision for associated entertainments except in the laundry. Such a make-shift for a recreation hall is in the Asylums of this country quite unique, and strongly militates against the proper treatment of many of the insane. We would not conclude our report without acknowledgment of the assistance given to us in our enquiries about the Asylum and its inmates by Mr. Lofthouse in the absence of Dr. Aplin.

Charles Palmer Phillips, Commissioners
John D. Cleaton, Lunacy.

# APPENDIX.

SHEWING THE ADMISSIONS, DISCHARGES, AND DEATHS
DURING THE YEAR 1888.

TABLE I.

		,		М	F	т						
In the Asylum on the 1st January,	In the Asylum on the 1st January, 1888											
	М	F	т									
Admitted since for the first time Re-admitted	35 6	42 4	77 10									
Total admi	tted.			41	46	87						
Total under treatment during the year	a <b>r</b> .			193	206	399						
DISCHARGED OR REMOVE	D.											
	M	F	т									
Recovered	14	22	36		:							
Relieved	$\begin{vmatrix} 11 \\ 2 \end{vmatrix}$	$\frac{9}{2}$	20 4									
Died	$1\tilde{8}$	13	31									
Total discharged and died during the	year	•	••••	45	46	91						
Remaining in the Asylum, 31st Dece	148	160	308									
Average number resident during the	year		• • • •	156	161	317						

TABLE II.

# SHEWING THE ADMISSIONS, RE-ADMISSIONS, AND DISCHARGES,

From 1st January 1856, to the present date 31st December 1888.

				M	F	T
Brought forward from prev 31st December, 185		120	110	230		
Admitted during the period	1410	1399	2809			
Re-admitted	280	271	551			
Total of	Cases a	ndmitte	d	1810	1780	3590
	M	F	T			
Discharged or removed						
Recovered	545	664	1209			
Relieved	238	284	522			
Not improved	124	83	207			
Died	755	589	1344			
Total discharged and die	d durin	g the 3	3 years	1662	1620	3282
Remaining 31st December, 1		148	160	308		
Average number resident du			332.48			

# TABLE III

Shewing the Admissions, Discharges and Deaths; with the mean Annual Mortality; and proportion of Recoveries per Cent of all the Admissions for each Year since 1st January, 1856

e of	aver- ers nt	E		7.86	9.62	10.17 10.53	15.25	13.31	12.13	10.80	19.99	12.07	12.74	12.24			14.48	11.28	9.91		19.43		_	8.35	11.63	16.15	12.67	12.20	15.05	9.77	11.70	7
entag	age numbers Resident	P4												12.77	7.80	10.00	19.50	8.41	8.23	8.39	10.23 8 99	12.74	$[\frac{3}{2}, \frac{10}{10}]$	8.42 0.92	9.04	9.04	9.62	10.73 8 23	0.00	8.07		
Per centage of	age 1	×	<u> </u>						•					1.651	15.62	17.79	17.04		11.78		13.90	13.75	12.291	27.28	14.74	23.97		15.83	$\frac{12.50}{12.50}$	1.53	-	
		H		33.70	52.55	30.46	39.79	25.61	43.95	41.37	38.0	42.16	41.05	27.95 1		36.36 1		36.57			37.30 I			29.30	$\overline{}$	38.46 2		38.18 L		- 1-	-	
04040	Recoveries on all Admissions.		 	34.11.33	77.32	40.90.30	45.00 39	28.84.25	41.86 43	32.43 41 44 93 30	34 48 38	48.00 42	50.9841	23.72 27	.33 28	59 36	85.00 00.00	40.30 36	10 4	.093	51 28 41	33.33 34	30.60 34	26.98 ZE	51.56 35	45.00 38	50.00 46	08.02 58 44 19 89	36.59 33	.82 41		
3	ecove Adn	-	1	33 34	32.38	00 40	20 45	18 28	83 41	00 32	13.34	36.53 48	29.54 50	34.21 23	00 33	33.96 38.59	09 49	32.83 40	29.78 64.10	45 37	32.7842	34.78 33	40.54 30	09/26	37 51	18 45	10 50	00 00	50 36	14 47	1	
		×	i	17 33.33	24.	38 95 00	33 36.20	23.	25.83	48.00	48 43 13	36.	38 29.	34.	51 25.	33.	5.	32	17 29.	11 27.	2	34.	40.	30.76	22.37	34.18	42.10	20.00	30.50	34.	8	
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7	age in um Resident	Ħ												180	79.44	190 105		202	206.47	202.46	205.21	204	206	190 173	188	88	27	771	167	161		
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Shewing the History of the Annual Admissions from the 31st December, 1868, with the Discharges and Deuths, and the numbers of each year remaining on the 31st December, of the year reported on.

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	Year.		Bronght forward to 31st Dec. 1868 1869 1870 1871 1875 1875 1875 1875 1877 1881 1881

Summary of Admissions for 32 Years, with Cases brought forward.	Male	Female	Both Sexes
Per centage of Cases Recovered ,, Relieved ,, Not Improved ,, Died Remaining	30.11 13.15 6.85 41.71 8.18	37.30 15.96 4.66 33.09 8.99	33.68 14.54 5.76 37.44 8.58.
	100.00	100.00	100.00

TABLE V.

# SHEWING THE CAUSES OF DEATH DURING THE YEAR.

CAUSES OF DEATH.	м.	F.	T.
General Diseases A (none) ,, ,, B Phthisis, and Chronic Brain Disease Local Diseases.	$\begin{bmatrix} 2 \\ 2 \end{bmatrix}$	2 0	4 2
Diseases of the Nervous System— Epilepsy ,, and Syncope Apoplexy and General Senile Decay ,, and General Paralysis ,, and Chronic Cerebral Softening ,, and Jaundice Chronic Meningitis Chronic Brain Disease and Convulsions General Paralysis of the Insane ,, and Heart Disease ,, and Gangrene of left foot	0 1 1 3 1 0 1 0 1	1 0 0 0 0 1 0 1 0 0	1 1 3 1 1 1 1 1
Lung Diseases— Bronchitis ,, and Chronic Brain Disease Pneumonia ,, and Chronic Brain Disease Pleurisy, Empyema, and Phthisis Heart and Vascular System— Heart Disease and Syncope	0 1 0 1 1	2 0 1 0 0	2 1 1 1 1 1
,, ,, and Chronic Brain Disease ,, ,, and Dropsy Pericarditis and Pleurisy Aneurism of Aorta, Heart Disease, and General Paralysis General Senile Decay and Gangrene of Foot	0 1 0 0	1 0 1 1 0	1 1 1 1
Total	18	13	31

TABLE VI.

Shewing the length of Residence in those Discharged and who have Died during the Year.

Length of Residence	Re	cover	ed	(	Died		Relieved or not Improved				
	M	F	Т	M	F	T	M	F	T		
Under 1 month	0	1	1	0	1	1	0	0	0		
From 1 to 3 months	3	11	14	2	1	3	2	2	4		
,, 3 — 6 ,,	4	6	10	1	0	1	3	4	7		
,, 6 — 9 ,,	1	2	3	1	1	2	0	0	0		
,, 9 — 12 ,,	2	0	2	2	1	3	0	2	2		
,, 1 — 2 years	2	1	3	3	2	5	0	1	1		
,, 2 — 3 ,,	1	0	1	2	2	4	0	0	0		
,, 3 — 5 ,,	0	1	1	2	1	3	0	0	0		
,, 5 — 7 ,,	1	0	1	3	1	4	8	2	10		
,, 7 — 10 ,,	0	0	0	2	1	3	0	0	0		
,, 10 — 15 ,,	0	0	0	0	0	0	0	0	0		
,, 15 — 20 ,,	0	0	0	0	2	2	0	0	0		
,, 20 — 30 ,,	0	0	0	0	0	0	0	0	0		
TOTAL	14	22	36	18	13	31	13	11	24		
	T1 4:T)	F 7.7	· • · · · · · · · · · · · · · · · · · ·								

TABLE VII.

Shewing the duration of the Disorder on Admission in the Admissions,
Discharges, and Deaths, during the Year.

	Dura	ation	of I	isord	ler o	n <b>A</b> d	lmiss	ion i	n the	Fou	r Cla	sses	
					The	e Dis							
CLASS.		The missi	ons	Rec	cover	red		move lieve ther	d,	The Deaths.			
FIRST CLASS:	M	M F T			F	T	_M	F	T	M	F	_T	
First attack and within three months on admission	14	18	32	3	14	17	8	6	14	8	4	12	
SECOND CLASS: First attack above 3 and within 12 months on admission	9	5	14	0	1	1	0	2	2	5	3	8	
THIRD CLASS: Not first attack and within 12 months on admission	10	12	22	10	7	17	3	3	6	0	3	3	
FOURTH CLASS: First attack or not but of more than 12 months on admission	6	8	14	1	0	1	1	0	1	1	3	4	
Not ascertained	1	0	1	0	0	0	0	0	0	1	0	1	
Congenital	1	3	4	0	0	0	1	0	1	3	0	3	
TOTAL	41	46	87	14	22	36	13	11	24	18	13	31	

TABLE VIII.

Shewing the Ages of the Admissions, Discharges, and Deaths during the Year.

					The	Dis	charg	ges					
AGES.		The mission	ons	Rec	cover	ed	$-\mathrm{R}\epsilon$	move elieve therw	d	The Deaths			
	M	F	Т	М	F	T	М	F	Т	м	$\mathbf{F}$	Т	
From  1 to 10 years  10 ,, 15 ,,  15 ,, 20 ,,  20 ,, 30 ,,  30 ,, 40 ,,  40 ,, 50 ,,  50 ,, 60 ,,  60 ,, 70 ,,  70 ,, 80 ,,  80 ,, 90 ,,	0 1 2 4 13 11 3 5 2 0	0 1 2 15 8 11 7 2 0 0	$\begin{bmatrix} 0 \\ 2 \\ 4 \\ 19 \\ 21 \\ 22 \\ 10 \\ 7 \\ 2 \\ 0 \end{bmatrix}$	0 0 1 1 6 5 0 1 0	0 0 0 8 3 6 4 1 0	0 0 1 9 9 11 4 2 0 0	0 1 0 2 6 1 1 2 0 0	0 0 0 2 2 4 3 0 0	0 1 0 4 8 5 4 2 0 0	0 0 2 3 0 6 1 4 0 2	0 0 0 2 4 3 2 2 0 0	0 0 2 5 4 9 3 6 0 2	
Total	41	46	87	14	22	36	13	11	24	18	13	31	

TABLE IX.

Conditions as to Marriage in the Admissions, Discharges, and Deaths, during the Year.

					Th	e Di	schar	ges			The Deaths			
Condition in reference to Marriage	Ad	The lmiss		Re	cove	red	R	emov eliev ther	ed	I				
	M	F	Т	M	F	Т	M	F	Т	М	F	Т		
Single Married Widowed Not Ascertained	16 23 2	16 26 3	32 49 5	5 8 1	5 15 1	10 23 2	7 5 1	2 7 2	9 12 3	6 9 3	9 4 0	15 13 3		
22 Scertained	0	1	1	0	1	1	0	0	0	0	0	0		
TOTAL	41	46	87	14	22	36	13	11	24	18	13	31		

# TABLE X.

Shewing the probable Causes, apparent or assigned, of the Disorder, in the Admissions (41 - | - 46 = 87).

		The Admissions								
CAUSES OF INSANITY,		Predisposing Cause			Exciting Cause			Predisposing or Exciting Cause, where these cannot be distinguished		
MORAL.	M	F	T	М	F	Т	М	F	Т	TOTAL.
Domestic Trouble (including loss of relatives and friends)				1	3	4				4
Adverse Circumstances (including)				_	1	C				c
business anxieties and pecu-		٠	••	5	1	6	• •	••	••	6
Mental Anxiety and Worry (not included under the above two heads A and B) and Overwork.			. •	1	4	5			••	5
Religious Excitement D Love Affairs (including seduction) E				1	$\begin{vmatrix} 1 \\ 2 \end{vmatrix}$	$\begin{bmatrix} 2 \\ 2 \end{bmatrix}$	• •			2 2
Fright and Nervous ShockF		• •	.,	• •	$\frac{1}{2}$	$\frac{2}{2}$	, ,	• •	• •	$\begin{bmatrix} 2 \\ 2 \end{bmatrix}$
PHYSICAL. Intemperance in Drink	3	1	4	12	4	16				20
venereal Disease				2		2			••	$\begin{vmatrix} 2 \\ \end{vmatrix}$
Self-abuse (Sexual)I Over ExertionK				2		2			• •	2
SunstrokeL	2		2	2		2	•	• •		4
Accident or Injury	1		1	2		$\frac{2}{\cdot \cdot}$	••		••	3
Parturition and the Puerperal State N2				• •	6	6	••	• •	. •	6
Lactation				• •	i	1	• •	•	••	i
Puberty		• •	••	•	5	5			•	5
Change of Life					0				. •	
Privation and Starvation	.;			4	6	10	. •			10
Old Age	4	• •	4	12	8	20		••	••	$\begin{vmatrix} 4 \\ 20 \end{vmatrix}$
Previous attacks	11	14	25							25
Hereditary influence ascertained W	9 3	19	28	• •					. •	28
Congenital defect ascertained X  Other ascertained causes Y	3	3	6		i	i				$\begin{array}{c c} 6 \\ 1 \end{array}$
Causes unknownZ				•			1	2	3	3
TOTAL									-	161
Enilongy was a complication in			м 5	-	F 4	<b>T</b>		ses.		· · · · · · · · · · · · · · · · · · ·
Epilepsy was a complication in  General Paralysis existed in					0	12	Ca	ses.		
Having Phthisical family history			. 2		2	4		,,		
Having family history of Intempe Having suicidal propensity	ranc	e	3	2	3 24	6 <b>3</b> 5		,, ,,		

## TABLE XI.

GENERAL STATEMENT OF ADMISSIONS, DISCHARGES, &c. COMMENCING AT THE TIME OF THE UNION BETWEEN THE COUNTY AND THE BOROUGH, ON 31st DECEMBER, 1855.

(For the Statistics from the Opening of the Asylum on February 12th, 1812, up to 31st December, 1855, see former Reports.)

Note.—For 1879 and succeeding years the recoveries are calculated upon the admissions, exclusive of transfers from other Asylums.

Year	Number of Admissions	Recovered	Relieved and Removed	Died	Remaining December 31st	Total under Treatment	Daily Average Resident	Per Centage of Recoveries on Admissions	Per Centage of Deaths on Daily Average	Per Centage of Deaths on Total Number under Treatment
1856 1857 1858 1859 1860 1861 1862 1863 1864 1865 1866 1867 1868 1869 1870 1871 1872 1873 1874 1875 1876 1877 1878 1879 1880 1881 1882 1883 1884	89 86 114 128 98 121 91 87 89 109 102 95 93 104 110 119 116 134 86 116 124 87 85 99 107 110 140 130 82 74	30 28 36 39 39 31 40 36 35 42 43 39 26 30 40 45 35 49 37 47 36 29 30 30 30 30 40 40 40 40 40 40 40 40 40 40 40 40 40	49 11 40 60 5 21 4 10 11 8 11 19 9 44 6 9 8 33 16 26 22 7 7 11 163 6 13 18 14 18	17 23 26 27 41 39 37 38 40 41 42 43 42 39 48 53 67 43 49 52 50 30 26 40 58 41	223 247 259 261 274 304 314 317 320 338 344 345 361 373 379 388 380 390 398 398 390 398 280 318 355 359 344 330	390 458 485 441 418	216.17 239.08 255.60 256.38 268.83 293 305 320 326 335.48 347 337.38 343 339 353 366 370 381 393.17 390.41 392.16 394 393 393 359 307 344 359 355 336	33.70 32.55 31.35 30.46 39.79 25.61 43.95 41.37 39.32 38.5 42.16 41.05 28. 28.84 36.36 37.81 30.17 36.57 45.34 31.89 37.90 41.37 34.11 30.30 35.55 37.73 38.46 39.37 47.50 40.27	7.86 9.62 10.17 10.53 15.25 13.31 12.13 11.8 12.26 12.22 12.07 12.74 12.24 11.5 13.59 14.48 18.10 11.28 9.91 11.01 11.98 12.43 13.23 12.72 8.35 8.46 11.63 16.15 12.67 12.20	5.32 7.44 7.20 6.97 11.42 9.87 9.34 9.47 9.85 9.55 9.54 9.79 9.74 8.5 10.54 11.04 13.70 8.38 8.22 8.66 9.14 10.10 10.87 10.22 5.94 6.66 8.73 11.95 10.20 9.80
1886 1887 1888	71 77 87	27 26 36	$\begin{array}{c c} 14 \\ 12 \\ 24 \end{array}$	39 48 31	321 312 308	398	329 319 317	38.57 34.66 45.56	11.85 $15.05$ $9.77$	$   \begin{array}{c}     9.72 \\     12.06 \\     7.76   \end{array} $

TABLE XII.

SHEWING THE FORMS OF INSANITY IN THE PATIENTS ADMITTED.

	M	F	T
Mania Melancholia Dementia, ordinary  , senile  Congenital (including Idiocy and other) Mental defect from Birth or Infancy.	18 5 12 3	26 12 5 0	44 17 17 3 6
Total	41	46	87

TABLE XIII.

CHARGEABILITY OF PATIENTS ON 31st DECEMBER,

1888.

	M	F	Т
County Union Patients County proper Patients Borough of Nottingham Patients Borough of Newark Patients Out-County Patients Private Patients Do. (Criminal)	136 1 0 5 0 3 3	134 0 17 5 0 4 0	270 1 17 10 0 7 3
Total	148	160	308

# TABLE XIV.

# LIST OF NEEDLEWORK, EXCLUSIVE OF REPAIRS.

7		<u> </u>	
171	Dresses	16	Under Blankets
111	Shirts	162	Pillow Cases
166	Shifts	173	Muslin Curtains
10	Flannel Petticoats	14	Window Blinds
62	Serge Petticoats	28	Knitted Curtains
26	Flannel Vests	14	Knitted Antimacassers
103	Aprons	27	Knitted Toilet Covers
19	Pinafores	191	Pairs Knitted Stockings
20	Bodices	77	Pairs Stockings Footed
146	Hoods	18	Table Cloths
104	Neckerchiefs	161	Tea Towels
19	Drabbet Shirts	2	Cushion Covers
6	Day Caps	1	Ottoman Cover
129	Sheets	11	Valances
25	Under Sheets	35	Shrouds

MEM.—Men's Clothing, Shoes, Bedding, and Upholstery are made.

The Baking and Brewing are done on the premises.

# TABLE XV.

# DIETARY.

	MALES.	FEMALES.
BREAKFAST.	Milk Porridge or Cof-	Tea, Coffee, or Por-
EVERY DAY.	fee, with 4oz, of But-	ridge 1 pt
LIVERT BALL	ter for 12 Patients $1\frac{1}{2}$ pt Bread 7 oz	Butter for 12 Patients 4 oz Bread 6 oz
	Breat 102	Breau 002
TOTATATED	Roast Meat, free from	F
DINNER.	Bone 6 oz Bread 4 oz	5 oz 4 oz
SUNDAY.	Vegetables 16 oz	12 oz
	Beer $\frac{1}{2}$ pt	$\frac{1}{2}$ pt
	Australian Meat 5 oz	5 oz
Monday.	Bread 4 oz	4 oz
	Vegetables 16 oz	
	$\frac{\text{Beer} \dots \frac{1}{2} \text{ pt}}{\text{Beer} \dots \frac{1}{2} \text{ pt}}$	$\frac{1}{2}$ pt
m	Currant or Fruit Pud-	Rice Pudding 12 oz
TUESDAY.	ding 16 oz	Bread 5 oz Cheese 1 oz
	Beer $\frac{1}{2}$ pt	Beer $\frac{1}{2}$ pt
	Most in his free from	
	Meat, in pie, free from Bone 5 oz	4 oz
WEDNESDAY.	Pie Crust 10 oz	8 oz
	Potatoes, sliced 12 oz	8 oz
	Beer $\frac{1}{2}$ pt	$\frac{1}{2}$ pt
	Boiled Meat, free from	_
T	Bone 6 oz	5 oz
THURSDAY.	Bread 4 oz Vegetables 16 oz	4 oz 12 oz
	Reer	$\frac{1}{2}$ pt
	$\begin{array}{ c c c c c c c c c c c c c c c c c c c$	1 pt
FRIDAY.	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	Į <del>–</del>
	Beer $\frac{1}{2}$ pt	
	Rice Pudding 16 oz	Currant or Fruit Pud-
SATURDAY.	Bread 6 oz	
	Cheese l oz	Beer $\frac{1}{2}$ pt
	$\frac{\text{Beer}^*\frac{1}{2} \text{ pt}}{\text{Beer}^*}$	
	Bread 6 oz	
SUPPER.	Butter for 12 Patients 4 oz	
Every Day,	Tea $l_{\frac{1}{4}}$ pt or Bread with Milk	Tea 1 pt
LIVERT DAI,	Porridge $\ldots$ $l_{\frac{1}{4}}$ pt	

The Stew, made of Australian Meat, Potatoes, Vegetables, &c. Beer, 14 Gallons to the Bushel.

A Salad once a week.

Tea or Coffee instead of Milk Porridge on Rice Pudding Days.

Regular Workers in the Garden, Laundry, &c. have, at 11 a.m., Bread, 40z.

Cheese, 10z.; Beer, ½ pint; at 4 p.m., Beer, ½ pint.

Seed Cake twice a week in lieu of Bread and Butter.

# THE ANNUAL ACCOUNT FOR 1888

OF THE

# RECEIPTS AND PAYMENTS

OF THE

# COUNTY LUNATIC ASYLUM,

AT SNENTON, NEAR NOTTINGHAM.

### RECEIPTS. £ d. d. Balance in Treasurer's hands 1149 14 4 Clerk's hands 96 1 $5\frac{1}{2}$ . . Storekeeper's hands 23 10 1 1269 5 10 } From Sales of Rags ... 9 6 Old Stores 1 13 2 4 2 8 MAINTENANCE ACCOUNT. From Unions in County contributing to the Asylum at 8/6 per week:— Basford .. 2060 5 0 • • Bingham 276 4 9 Doncaster 0 0 0 Gainsborough 44 9 0 . . Loughborough 2 621 . . Mansfield 1210 0 10 . . . . . . . . • • Newark 250 4 11 . . . . . . • • • • Retford 536 12 9 . . . . . . . . . . Shardlow . . 218 0 0 . . • • . . • • . . Southwell 798 13 11 • • • . . Worksop 449 4 10 5905 17 From County of Nottingham 22 4 6 From Unions and other places in Counties not contributing at 14/- per week — Derby Union ... 498 12 0 • • Melton ,, 6 16 0 Lincoln ,, 8 512 16 0 Newark Borough at 12/6 per week ... 315 11 5 Carried forward 8029 17

Brought forward  By Treasurer of Nottingham Borough Asylum at 12/- per week  Private Patients	£ s. d. $8029 \ 17 \ 7\frac{1}{2}$ $423 \ 19 \ 9$ $240 \ 9 \ 6$ $66 \ 12 \ 0$ $166 \ 11 \ 0$ $8927 \ 9 \ 10\frac{1}{2}$
C C Dobortoon ) Charles Docon	
G. C. Robertson, Auditors. Charles Roger H. F. Smith, Chartered	78,
	Accountant.
January 31, 1889.	
PAYMENTS.	
£ s. d. £ s. d. Balance due to Treasurer	$ \begin{array}{cccc} \pounds & s. & d. \\ 0 & 0 & 0 \end{array} $
SALARIES AND WAGES. Salaries of Officers	
Attendants $904  ext{ } 17  ext{ } 3\frac{1}{2}$	
Servants—In-door	
,, Occasional 83 16 5	
$1173 \ 15 \ 2\frac{1}{2}$	
PROVISIONS.	$2231 \ 19 \ 9\frac{1}{2}$
Meat 1261 17 0	
Milk 198 0 0	
Cheese	
Flour	
Meal	
Rice 31 12 0	
Rice	
Rice	
Rice	

Carried forward .. ..

369

7 5

2943 0 4

 $2231 \ 19 \ 9\frac{1}{2}$ 

	Brou	ght	forward	£	3.	d.	£ 2943		d. 4	£ 2231	s. 19	d. 9½
Malt	• •	••	• •	194 29	19 0	6						2
Hops Brewer's Wages	• •	• •	• •	$\begin{array}{c} 29 \\ 42 \end{array}$		$\frac{11}{2}$						
Beer Duty		• •		142		9						
·							400	1.0	4			
FARM AND GA	RDEN	EX	PENSES		1.0	0	409	10	4			
Pigs Implements	• •	• •	• •	101 5	16	9						
Labour		• •	• •	82	8	0						
Seeds	• •		. •	28	12	3						
Manure	• •	• •	• •	9 2	5 2	0						
Pig Food Grinding	• •	• •	• •		- Z 	0						
OTHER I	rems.						<b>2</b> 29	6	0			
Currants	• •	• •		14	11	8						
Eggs		• •	• •	11	14	7						
Raisins	• •	• •	• •		15	0						
Tobacco Provision Sundries	• •	• •	• •		5 16	$\frac{2}{6\frac{1}{2}}$						
1 Toylston Sundities	• •	• •	• •	",4	10	—— <u> </u>						
							101	2	$11\frac{1}{2}$			
										2222	* 0	_ ,
Wine and Spirits	• •						9	16	6	3682	19	$7\frac{1}{2}$
Porter	• •	• •	• •	• •		• •	32	8	0			
NECESSAF	RIES.									42	4	6
Fuel—Coal	• •	• •	• •	313	7	0						
,, Wood	• •	• •	• •	17	13	0						
Lighting—Gas Candles	• •	• •	• •	123		5 1	331	0	0			
,, Candles	• •	• •	• •		19							
Washing-Soap	• •	• •	• •	111	7	9	126	8	6			
,, Soda	• •	• •	• •		16	0						
,, Starch Water	• •	• •	• •		5 15							
,, Water Laundry		• •	• •		2							
•	J											
Other Items Sween				5	10	0	<b>2</b> 31	7	$5\frac{1}{2}$			
Other Items—Sweep Oil	• •	• •	• •	$\frac{3}{24}$								
,, On Sundrie		••	• •			$0\frac{1}{2}$						
,												
							68	10	$11\frac{1}{2}$			
										757	6	11
SURGERY	AND	DI	SPENSA	RY	• •	•		•			16	
	Camic	of fo	rward							6700	P7	
	Oarrie	a 10	TWAIG		• •	•	•	•	. •	€782	1	6

				£	s.	d.	£	3 <b>s</b>	. d.	£	s.	d.
	Broug	ht for	ward .							6732	7	6
Bonnets	• •			.2	8	6						
Handkerchiefs	• •	• •	• •	1	7	0						
Calico	• •	• •	• •	33		4						
Flannel	• •	• •	• •	23 56	18 13	4 5						
Showla	• •	• •	• •	90 8	2	0						
Tailor's Wages	• •	• •	• •	52	0	0						
Shoemaker's ditto	••	• •	• •	39	15	8						
Clothing Material		• •	• •			$11\frac{1}{2}$						
Shoes and ditto		• •	• •	<b>7</b> 3	5	9						
		• •	• •									
							390	14	$11\frac{1}{2}$			
Attendants-Male	e			53	1	0			24			
,, Fem	ale			32	16	$9\frac{1}{2}$						
							85	17	$9\frac{1}{2}$			
										476	12	9
FURNITU	TRE AN	$\mathbf{D}$ $\mathbf{B}$	EDDIN	ſĠ.								
Beds	• •	• •					0	0	0			
Blankets	• •	• •		• •			16	10	Ú			
Carpets			• •	• •			46	10	10			
Chairs			• •			•	0	0	0			
Curtains	• •	• •			•	•	8	14	0			
Crockery	• •	• •	• •	• •		•	18	<b>2</b>	9			
Counterpanes	• •	• •		• •	•	•	25	4	0			
Culinary	• •	• •	• •	• •	•	•	110	12	0			
Sheeting	• •	• •	• •	• •	•	•		13	5			
Tick	• •	• •	• •	• •	•	•	7	1	3			
Table Linen	• •	• •	• •	• •	•	•	5	0	2			
Towelling Sundries	• •	• •	• •	• •	•	•	3	13	9			
Sunuries	• •	• •	• •	• •	•	•	11	10	ŕr			
										289	13	1
FUNERAL	L EXPE	NSES	&c							200	10	
			, &c.					•				
Bearers	• •	• •	• •	• •		•		0				
	• •	• •	• •	• •		•		10				
Coffin Materials Removals and on	 ∏:-1	• •	• •	• •		•		10				
		• •	• •	• •		•		0				
Recapture Return Payment	for Privat	to Pati	iant	• •		•		19				
icour i ayment	ioi iiiva	ie i au	ICHU	• •	•	•		10				
										28	0	2
By Transfer to H	BUILDING	AND R	EPAIRS	FUND	Ac	COUN'	т:—			20	v	-
,, Excess of We					raı.		7			377	18	1
101 1000	• •	•	•	•	•	• •	•					
OTHER P	AYMEN	NTS.										
Advertising, Prin	ting Boo	oks St	ationer	v. &c			125	16	11/2			
Amusements	ung, Do					• •		5	$7\frac{1}{2}$			
Bank Commission					•	• •		8	0			
	•	•	•		•	• •	<del></del>					
										173	9	9
	Carr	ried for	rward		•		• •			8128	1	4

32		
	3 s. 28 1	d. 4
	99 8	$6\frac{1}{2}$
£89	27 9	$10\frac{1}{2}$
$G.\ C.\ Robertson, \ Auditors.$ Charles Rogers, Chartered Acc	ount	ant.
AVERAGE WEEKLY COST OF MAINTENANCE, MEDIC CLOTHING, AND CARE OF PATIENTS, DURING THE YE		
Provisions Clothing Salaries and Wages Necessaries (e.g.) Fuel, Light, Washing, &c. Surgery and Dispensary Wines, Spirits, and Porter  Charged to Maintenance Account:— Furniture and Bedding Garden and Farm Miscellaneous, viz., Bank Commission, Stationery and Amusements  Less Monies received for Articles, Goods, and Produce (exclusive) of those consumed in the Asylum)	8.     d.       4 $2\frac{1}{8}$ 0 $6\frac{7}{8}$ 2 $8\frac{1}{4}$ 0 $11$ 0 $0\frac{5}{8}$ 0 $4$ 0 $2\frac{5}{8}$ 9 $3\frac{3}{4}$ 0     0       9 $3\frac{3}{4}$	
Weekly Charge for Paupers to which the Asylum belongs:—  8s. 6d. for 1888  8s. 6d. for 1889  7, from other Counties and Boroughs, 12/- 12/6 and 14/- Daily average Number of Patients Resident—Males  7, 7, 7, 7, 7, Females	156 161 317	

PAYMENTS.	BUILDING AND REPAIRS.  Law Blacksmith Builder. Joiner's Wages Gas Tar Boiler  Clazier  Bank Commission  Ironmonger  Painter and Paper Hanger  Mason  Whitewasher  Building  1111 Whitewasher  Law  Burk Day  Burk Commission  Lindber  Burk Commission  Burk Commission	Insurance  Rates and Taxes  Annuitants—County Quota  Borough of Nottingham  To 10 10  To 127 5 9  To 16 3  95 2 6  Annuitants—County Quota  Rates and Taxes  148 6 0  8 13 4	Balance in Treasurer's hands 761 3 7 £1740 11 2	Examined and found correct, January 31, 1889,  Charles Rogers,  Charles Accountant.
RECEIPTS.	## Solution of Annuity   For Excess of Weekly Charge on Out-County    ### Solution of Annuity   Solution    ### Solution of Annuity    ### Solution of Annuity		£1740 11 2	$G. C. Robertson, \}$ $H. F. Smith, \}$

# FINANCIAL STATEMENT.

£ s. d.	1537 17 6 266 18 5 136 2 11 23 6 0 18 8 0	583 15 2	13	$1560 \ 12 \ 1\frac{1}{2}$	$\begin{array}{c} 8135 & 13 & 5\frac{1}{2} \\ 486 & 19 & 10 \\ 48622 & 13 & 3\frac{1}{2} \end{array}$		in de
By Unions contributing to the Asylum	Dec., 1888 Asylum	19	orough Treasurer:— ota of Annuity Payments ank on Deposit nee on 31st Dec., 1888:— Treasurer's hands Clerk's hands 100 0 $7\frac{1}{2}$ Storekeeper's hands 14 10 8	er of Fabric 761 3 $\frac{799}{7}$	Less for year £	Examined and found correct, January 31st, 1889,	Charles Rogers,
s. d.					3 3 1 2 3	Exam	П
49 c	8622 13				£8622 13		
	∞ ::: *,				1 33		
:							AUDITORS.
DR.						~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	~
Balance due to Treasurer	Assets, 1st January, 1888 Balance					G. C. Robertson,	H. F. Smith,

# THE CHARITABLE FUND FOR CONVALESCENT PATIENTS.

# SNENTON MIDDLETON FUND CASH ACCOUNT.

To 31sr December, 1888.

	43	<b>x</b>		149		4			£20	
PAYMENTS.	1888.	By Payment to 10 County Patients on their discharge	", Expenses on Transfer of Consols to new Trustees	", Purchase of £154 3s. 4d.— $2/15/$ - per cent. Consolidated Stock, at $96\frac{7}{8}$	Expenses of Purchase and Power of Attorney	". Balance in Bank				
SECTION	RECELPTS.		January 1.—To Balance at Dank 810 3	:	•	July 7.—,, Dividend on £584 12s. 4d. Consols 4 5 6	Sept. 10.— "Nottingham Corporation—repaid 152 7 5 Loan with Interest	October 8.—, Dividend on £584 12s. 4d. Consols 4 5 6	£204 1 9	

Charles Rogers,

Chartered Accountant.

JANUARY 31ST, 1889.

Bunting, Clerk to the Asylum.

Samuel

Smith,

